# Child and Family Support Center at Kennedy Krieger Institute

#### **Our Center**

The Child and Family Support Center at Kennedy Krieger Institute is a family-directed, interdisciplinary program dedicated to providing comprehensive, early intervention care for children and families in the Baltimore metropolitan area.

Our occupational therapists, physical therapists and speechlanguage pathologists work with children from birth to age 5, while our mental health counselors work with children of any age, as well as with parents who have a child receiving services at Kennedy Krieger. Together, our therapists, speech-language pathologists and counselors collaborate to help young children fulfill their potential.

We provide individual and group therapies, with services offered at our clinic, in the home and in the community. We also assist families with service coordination through the Baltimore City Infants and Toddlers Program, and we connect families with early intervention services by offering programs focused exclusively on serving the Latino and Orthodox Jewish communities.

As a family-focused program, we understand that parents and guardians are the experts when it comes to caring for their children. We are dedicated to helping caretakers understand, participate in and guide their children's care.

### Services We Offer

Our team offers a wide variety of services, including:

- Home- and center-based evaluations and occupational, physical and speech therapies for children from birth to the start of kindergarten
- Evidence-based therapeutic interventions (e.g., neurodevelopmental treatment, manual therapy, oral-motor feeding therapy and sensory integration)
- Service coordination for families eligible to participate in the Baltimore City Infants and Toddlers Program
- Service coordination for families in the Latino community who are eligible to participate in the Baltimore City Infants and Toddlers Program (Primeros Pasos)



- Service coordination for the families in the Orthodox Jewish community who are eligible to participate in the Baltimore City Infants and Toddlers Program (Kodem Kol)
- Training for parents in caring for their children at home
- Information for parents regarding their children's development
- Evaluation, adaptation and monitoring of specialized equipment in the home
- Home- and center-based mental health counseling for children, adolescents and parents of children receiving services at Kennedy Krieger Institute
- Evidence-based intervention to enhance caregiver-child attachment for caregivers and their young children



- Assistance in accessing community resources
- A lending library of books, toys and equipment
- Groups for young children, including:
  - Early Explorers: a speech and occupational therapy group that helps children 2 to 5 years old with developmental disabilities, prepare for school while meeting individualized therapy goals
  - **Happy Feet**: a physical therapy group for children 18 months to 4 years old who walk on their toes or have other difficulties developing a normal walking pattern

Therapy can be provided in a family's home, at our center, in schools, at child care centers, at Head Start programs, or at any other significant places in a child's life. Services are provided by appointment, with daytime and limited early evening hours available.

#### **Admission Criteria**

We treat children from birth to the start of kindergarten who have a variety of developmental disabilities and delays, including but not limited to:

- Speech and language disorders
- Developmental delays
- Prematurity
- Autism spectrum disorders
- Down syndrome
- Cerebral palsy

We also treat children, adolescents and adults with mental health needs, including but not limited to:

- Attention deficit disorder
- Anxiety disorders
- Mood disorders

## **Payment Types Accepted**

- Medical assistance
- Private insurance
- Self-pay



#### **Contact Information**

Child and Family Support Center at Kennedy Krieger Institute

For more information, or to request services: 443-923-3285

For information about or referral to Primeros Pasos: **410-298-9284** (Spanish and English)

For information about or referral to Kodem Kol: **667-205-4047** 

Kennedy Krieger Institute recognizes and respects the rights of patients and their families and treats them with courtesy and dignity. Kennedy Krieger Institute provides care that preserves cultural, psychosocial, spiritual and personal values, beliefs and preferences. Care is free from discrimination based on age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex, sexual orientation, and gender identity or expression, including transgender. We encourage patients and families to become active partners in their care by asking questions, seeking resources and advocating for the services and support they need. © 2018 Kennedy Krieger Institute 4/2018









