

# Play With Me Program

## at the Center for Autism and Related Disorders

Play With Me is a short-term therapeutic program that focuses on caregiver-child interactions. This program is for children under the age of 3 who demonstrate limited purposeful play skills due to delays in motor performance or inhibiting sensory behaviors.

Facilitated by an occupational therapist, the program is designed to assist you in enhancing your child's play skills, gross and fine motor skills, self-care skills, and sensory regulation. The program consists of six occupational therapy sessions (one 60- to 90-minute session each week for six consecutive weeks) for you and your child. During each session, the occupational therapist will model and train you in play strategies, motor development strategies, self-care strategies and sensory-based strategies for your child that can be used at home and/or in the community. You are encouraged to bring other family members or caregivers who interact with your child on a regular basis.

Topics addressed during therapy sessions will include:

- Enhancing play skills through child-centered activities
- Enhancing the development of gross and fine motor skills, and self-care skills
- Enhancing sensory regulation and sensory-processing skills

For more information about the Play With Me program, call **443-923-7723**.

*"It was a great learning experience, and it really helped our child open up. I also gained a better understanding of how to use play to encourage my child's development."*

– Play With Me parent participant

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### Contact Information

#### Center for Autism and Related Disorders at Kennedy Krieger Institute

For more information about our program, please call **443-923-7630**. To schedule an appointment, please call toll-free at **888-554-2080**. TTY users, please contact us at **443-923-2645**, or dial **711** to make a Maryland Relay call.

#### [KennedyKrieger.org/CARD](http://KennedyKrieger.org/CARD)

#### Physicians and Healthcare Professionals

To make a referral, call our Physician Referral Line at **443-923-9403**.

#### Main Location

3901 Greenspring Avenue  
Baltimore, MD 21211

For information about other locations, please call the numbers above.

#### Main Location

707 North Broadway  
Baltimore, MD 21205

We are all born with great potential.  
Shouldn't we all have the chance to achieve it?



Center for Autism and Related Disorders  
at Kennedy Krieger Institute

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